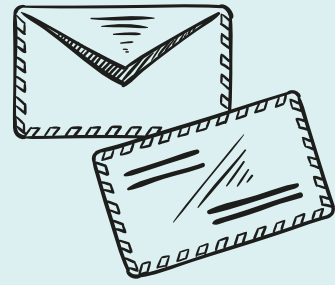


# *Solicitation* REMOVAL



How to remove yourself from  
marketing and call lists

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Federal Trade Commission  
Consumer Information  
<https://www.consumer.ftc.gov/articles/0262-stopping-unsolicited-mail-phone-calls-and-email>

US Post Office  
<https://faq.usps.com/s/article/Refuse-unwanted-mail-and-remove-name-from-mailing-lists>

Opt-Out Prescreen Credit card Offers  
<https://www.optoutprescreen.com/>

Unroll Me – Online Junk Mail Removal



**CLUTTER CUTTERS**  
EMPOWERING PEOPLE OVER THEIR STUFF